

## WE ARE FIRED UP AND READY TO KEEP STANDING FOR WHAT'S RIGHT!

























On Monday, we held an amazing informational picket to build power, hold management accountable at the bargaining table, and honor Dr. Martin Luther King Jr.'s legacy of fighting for workers' rights and social justice.

We stood together in solidarity as a show of power to tell management we need them to do better. We also had an incredible amount of support from our community who showed up to march with us, including construction workers, firefighters and ambulance companies, King County Council and many of our union brothers and sisters from other facilities. We will continue to stand together and push management to do the right thing for workers and patients!

We are excited to return to the bargaining table on Thursday, January 30. We will not let up! This is just the beginning. We have much more work to do. Stay engaged with your bargaining team and be on the look-out for more updates coming soon!

## **NEXT BARGAINING DATES:**

- January 30
- February 19
- March 5
- March 19

## Thank you to the community leaders who stood with us

- King County Councilwoman Claudia Balducci
- → IAFF I-66 Boeing Firefighters
- Washington Physicians for Social Responsibility
- Valley Regional Fire Authority
- Valley Professional Fire Fighters – Local 1352
- → Boeing Fire Department
- Alaska Airlines
- UA Local 699 Sprinkler
   Fitters
- ◆ SPEEA Local 2001
- ◆ IAFF I-98 Tri-Med EMTs







"The best wins come when we stand in solidarity with each other. Continue to communicate with one another. Plan to not leave anyone behind. You know how to fight, you have the power! The boss knows that. Maintain your strength and your power by standing together and fighting for equity. There is no economic justice without racial justice. Your union brothers and sisters are proud to stand with you and fight alongside you! When we fight, we win!" -Delores Prescott, RN, Swedish Medical Center

"I came out to join our picket because I want to express how I feel about those BIG bosses who make so much money, and yet management makes us feel like we need to beg! We live in the same state, we are all experiencing the high cost of living, and we

pay the same amount for a cup of Starbucks coffee. For big bosses, it's just a penny in their pockets while for us in a lower class, it's a treat when we can have that. I am so glad I joined the picket and I would definitely do it again until management opens their eyes, ears, and hearts to their employees. Give us a fair contract! We are continuously working hard to earn it!" – Cristina Galvez, CNA, MedSurg



"Let's stand united and unwavering in our resolve! MultiCare's disregard for its workers' well-being has inflicted unbearable pain and depression upon us. It's time for them to respect our union and acknowledge the economic realities we face. We will no longer tolerate exploitation! Fairness, dignity, and a living wage are our non-negotiable demands. We are the backbone of this organization, and it's time our value is recognized!" -Anthony Wanjiru, ED, Constant

"We showed up to support our SEIU siblings in bargaining with MultiCare. We know their struggles and will be sitting across the bargaining table from many of the same MultiCare leadership ourselves very soon. We are all a family and we need to stick together, it's all of our fight. Stronger together!" -Stacy Frazer, Carleen Moon and Robin Bowlby, MultiCare Good Samaritan

"I'm very outspoken and we want to make it clear that we're out here for our rights and just a better pay. We work so hard on the floor and we just want that to also be reflected in our wages. We need more to support our daily living for us and our family and to be able to better care for our community."

-Julia Guzman Garcia, Float CNA



"We are out here to make our voices heard. We're making management listen to us. Our unity is important and how strong we are depends on our unity. We are here to let management know that we deserve what we're demanding at the bargaining table. We need dollars, not pennies. Many of my co-workers are having a hard time. We're struggling to make ends meet. Service workers are the backbone of the care we provide. We care. Multi-don't-Care. We need to show that we're serious and deserve to thrive, not just survive!" -Angel Sherburne, EVS Tech

"What an honor to Martin Luther King Jr. to spend this day fighting for equity and simple human rights on the job for ALL and communities in which we serve. You are the experts and know what is at stake for your families, co-workers and communities. You are the backbones of healthcare and they can't maintain these hospitals without you! I am here with you in unity and solidarity because that is our power and greatest strength! What you do here matters. Hold their feet to the fire and go get that contract!" -Carol Lightle, RN & Member

**Vice President of SEIU 1199NW from Swedish Medical Center** 





