



One Valley: From the frontline to the bargaining table

We are united: No cuts to our contract!

Valley administration saw all of us stand united and wear the same message: we will not settle a contract that takes steps backwards. Last week, an overwhelming majority of us participated in our day of action by wearing stickers that demonstrate that we will continue standing together and taking action until management brings proposals to the table that move us forward and lift everyone up to the standards we all deserve.



Our bargaining priorities would lift everyone up and ensure patients get the care they need:

- Investing in our wages with increases that return Valley Medical Center to be a wage leader in King County
- Great benefits that we can count on, that support us so we can all be healthy and take care of our families
- Modernize our sick banks to match other hospitals with more sick time and easier access to the sick time we accrue
- Improvements to retirement and healthcare with guaranteed protections from unilateral changes
- Strong staffing protections that mean our patients will get the care they need when they need it
- A strong union voice at Valley Medical Center and clinics to have a say in changes that impact all of us



“Taking action was necessary! Valley uses bargaining as a means to make cuts and reject what we are asking for, they risk losing valuable employees. Keeping pace with hospitals in the region ensures that Valley can remain the leader in healthcare. We will continue to stand in unity and take action if Valley does not give us what we deserve.”

—Gloria Zamudio, IR Tech, X-Ray Special Procedures





“We took action for a fair contract that respects work life balance. The ability to change FTE matters because it’s nice to have that flexibility. Healthcare is a hard job on our bodies, and I don’t want to get to a place to decide to give up my whole career when my body just can’t keep working full-time. Sometimes family situations change, and we need to be at home to take care of kids. We need a contract that respects work life balance.”

–Tracy Eckberg, Leigha Baker, RN, Infusion Center



“We need more sick time and a good wage increase. Other hospitals have much more sick time than we do and pay their staff well, and Valley needs to keep up! We are going to lose employees to other hospitals and end up needing more travelers, which is going to cost more money. Management already tried to take away our retirement when they said they needed it. We can't let them take anything more!

We are never going to compromise patient care, but if management don't give us what we ask for we will continue to lose staff. What we are asking for is not much and We will continue to fight for fair wages and benefits. We deserve that and will continue to escalate our actions as needed.”

–Saila Vintha, RN, Birth Center



“I took action for job security, this is our right and we deserve to get a good contract! We do a lot for this hospital! Every time management comes to bargaining they always propose less than what we asked for and don't offer much to raise our standards. Our unity is what moves management, and it is very powerful. The most important things for me is a bigger wage raise, medical and retirement. We deserve that! If management doesn't give that to us, we need to continue to fight. We are the union and we will show management how strong we are!”

–Ayelech Abera, Housekeeper, Environmental Services

Stand with the Eye Clinic and share your story!

We will continue to stand with the Eye Clinic to demand that Valley administration change the bad decision to cut an important service that our community needs and for the Eye Clinic to remain open.

Share your story. Why does the Eye Clinic matter to you, your family and patients in our community?



Share here



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Show support for our bargaining team members by donating vacation and ensuring that you're a member of the union!

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